

AMENDMENTS TO THE ABSTRACT

Please amend the Abstract as follows:

--- The invention relates to a heating element for a cooking appliance, particularly for the direct or indirect electrical heating of at least one item to be cooked, comprising including at least one supporting layer, at least one heating element layer, which contacts the supporting layer at least in sections in a direct or indirect manner, and comprising including at least one electric contact element or conductor element, with at least one elastic arresting element, which is or can be connected to the electric contact element or conductor element. The electric contact element or conductor element can be brought into contact, at least occasionally, with at least one heating resistor and/or with at least one contact point of the heating element layer via the elastic force of the elastic arresting element.---